



**ST.OLAV**  
VIDEREGÅENDE SKOLE



**HEALTH 4 U**



**Erasmus+**

# Debate on YOUTH & HEALTH

Student debate based on the methods of the European Youth Parliament

# What is the EYP?

- The European Youth Parliament (EYP) is a unique educational programme which brings together young people from all over Europe to discuss current topics in a parliamentary setting.
- The European Youth Parliament's mission is to inspire and empower young Europeans to become open-minded, tolerant and active citizens.



<https://eyp.org/about/>

# Organising a debate: The EYP way!



## Committee Work

Throughout **Committee Work**, the delegates analyse the topic of their committee, identify the problems surrounding it and discuss solutions to these issues. The output of Committee Work is a written resolution.



## General Assembly

The last part of every session is a **General Assembly (GA)**. In GA, the committees come together to present and debate the resolutions they wrote. In the end, the resolutions are put to a vote.



# Working with health topics – the EYP way!

Form groups of students and set a timeframe. Each group gets one statement to work with!

## 1. Committee work:

Analyse your statement and prepare your speech as a team

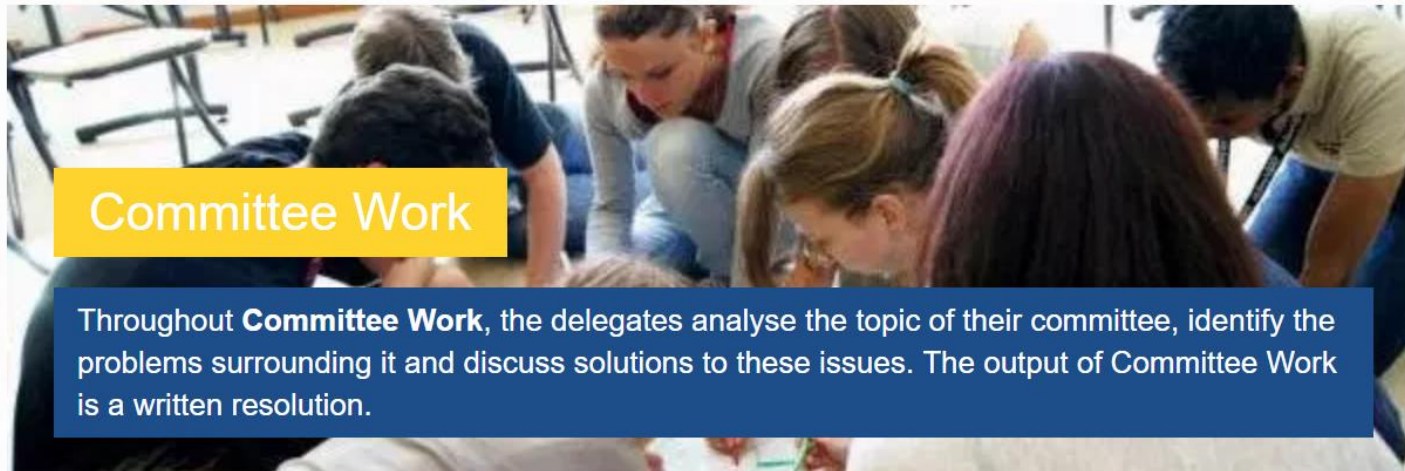
## 2. General Assembly:

- Present the statement – Give a short introduction about the topic. (1 – 3 minutes)
- Pro and Contra - Find arguments for both sides of the statement. (1-3 minutes)
- Make a resolution – This resolution will be voted over in the assembly.



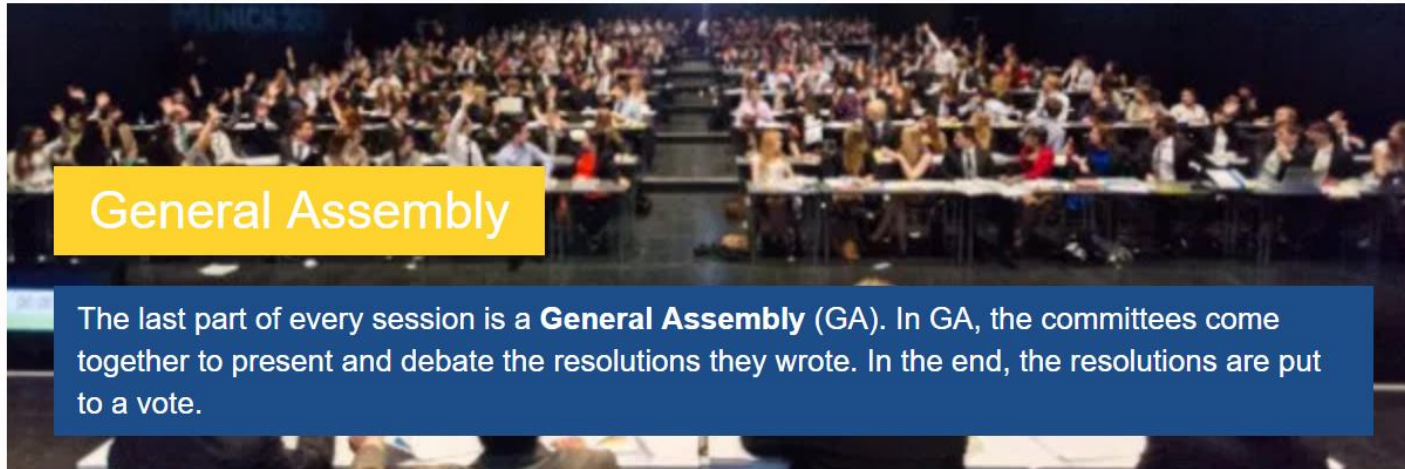
## Statements for Committee work:

1. I can't live without my mobile phone!
2. 4 hours of sleep is enough for me!
3. Breakfast is the most important meal of the day!
4. Physical exercise makes my life better!
5. My body is perfect the way it is!
6. My happiness depends on other people!



Time for the groups to prepare: \_\_\_\_\_ Minutes

- work as a team
- divide tasks
- do research
- plan your speech



## Presentations und Vote

- Voting process: <https://kahoot.it>
- Collect results of the vote and save/publish them.



## EUROPEAN **YOUTH** PARLIAMENT

- [Find out more about the European Youth Parliament](#)
- [Find out more about „Health 4 U“](#)